



June 2019

Good News

Mt Zion – St Luke Lutheran

JUNE 2019

- 6-2 SS/Worship 11:00 a.m.
- 6-3 Grace Circle 10:00 a.m.
- 6-4 Centering Prayer 8:30 a.
- 6-5 Soup Kitchen Noon
Bible Study 7:00 p.m.
- 6-7 LLL Bingo 11:00 a.m.
- 6-9 Council Meeting 8:45
SS/Worship 11:00 a.m.
- 6-11 Centering Prayer 8:30
Quilting 10:00 a.m.
- 6-12 Bible Study 7:00 p.m.
- 6-16 SS/Worship 11:00 a.m.
No Family Day Meal
Mutual Ministry
Father's Day
Newsletter Deadline
- 6-18 **No Centering Prayer**
- 6-19 **No Evening Bible Study**
- 6-20 Oaks Nursing Home
10:00 a.m.
- 6-23 SS/Worship 11:00 a.m.
Evangelism Mtg. Noon
- 6-25 Centering Prayer 8:30
- 6-26 Bible Study 7:00 p.m.
- 6-30 SS/Worship 11:00 a.m.

Solid Ground...

“How are you doing?” I asked. “Oh, up and down.” he said. “Yep, that’s life.” I said. Later that day, as I shuffled between two hospitals, I realized just how true that statement was. I rode the elevator *up* in one hospital to pray for a quick delivery for a woman in labor. I rode the elevator *down* to go to the emergency room in another hospital to pray for a quick recovery for a man who had crashed into a tree with his ATV. Moving between the two was like being on a roller coaster ride. One minute, I was riding high, waiting for a baby to be born. The next, I was riding low, waiting for MRI results. And I thought about how so much of life is lived in spurts – in ups and downs - in celebration and in distress.



You can tolerate roller coaster rides for brief periods of time, but, after a while, you have to get off and walk around on solid ground again, to catch your breath and regain your balance. It may seem boring at times, but it’s that steady, middle of the road, every day routine that keeps us sane.

I love the imagery in the Bible of God as a rock; a firm foundation; that steady, solid ground on which I can stand when I need to get off the roller coaster of life for a while and get my bearings. On those days when I am careening through life, screaming at the top of my lungs with my hands in the air, it helps to know that God is always there; a never-changing presence that I can depend on to keep me centered.

Whether it is a high or a low, a celebration or a distress, in all the ups and downs of life, it is good to be reminded that God is with us through it all. He laughs with us, cries with us, strengthens us and encourages us. He who knows us better than we know ourselves promises to provide us with whatever we need to keep our feet on solid ground. And, it’s knowing that sooner or later things will return to “normal” that helps us endure the ride, for better or for worse.

May the image of God as our rock and our salvation bring you comfort and help you maintain during all your ups and downs!

Blessings as you head into summer! Pastor Barb <><

***...and he set my feet upon a rock,
making my footsteps firm. Psalm 40:2***

Serving Our Lord in June 2019

Communion Assistant	Duck Koch
Ushers	Billy Martin and Tommy Martin
Altar Guild	Angela Cannon and Bobby Martin
Lectors	Arthur Jackson and Wendi Martin
Acolytes:	Winn Martin
Kyrie:	Katie Felker

Coffee Hour:

6-2 Tommy & Wendi Martin	6-9 Sharon Martin	6-16 Tricia Trask
6-23 Jenny Brannon	6-30 Gail Coogle	

Family Day Dinner: NO FAMILY DAY DINNER

Flowers:

- 6-2** Tommy and Gail Coogle in honor of their children and grandchildren
- 6-9** To the glory of God with thanks for 27 years of marriage, by Duck and Pastor Barb Koch
- 6-16** Mary Jane and Carl Ethridge in honor of their sons, Aaron and Brian and their families
- 6-23** George and Helen Smith in loving memory of Linda Rogers
- 6-30** Bobby and Sharon Martin in Memory of Betty Futrell

Soup Kitchen: June 5th, Dale Godfrey & Mary Lynn Robinson

Sunday School Teachers:

K-5th Grade – Angela Cannon **6th – 12th Grade** – Renee Collier

Adult Class Lingle Room – Jon Coogle and David Haigler

Adult Class Conference Room – Wendi Martin

June Birthdays and Anniversaries

6-2 Tommy & Gail Coogle	6-13 Blake Coogle
6-3 Ginny Martin	6-19 Mary Virden
6-6 Duck & Pastor Barb Koch	6-20 Billy Martin
6-9 Diane Cagle	6-22 Julia Snipes
6-11 Billy & Ginny Martin	6-22 Mary Jane Ethridge

An Update from Your Stewardship Committee

For years we have heard about the work of Lutheran Services of Georgia, and perhaps you have made an occasional donation to one of its projects. Recently, Lutheran Services of Georgia merged with Lutheran Services of Tennessee and changed their collective name to “Inspiritus.” The new name is derived from the word “inspirit” which means to fill with strength or courage. Inspiritus helps individuals and families whose lives have been disrupted find their inner strength and resilience, leading them to have more fulfilling lives. The organization provides services to children who have been abused or neglected, people with developmental disabilities, refugees and immigrants, youth experiencing homelessness, individuals affected by natural disaster, and people living in poverty. It operates out of locations in Atlanta (main office), Albany, Athens, Columbus, Rome, Savannah and Nashville.



So, if you hear or read something about Inspiritus, just know that it is not some strange new organization partnering with our synod; rather, it is basically the same familiar Lutheran Services of Georgia with a new name. From time to time we may, as a congregation, decide to participate in a specific program of Inspiritus. You may also choose to donate directly to the organization as an individual. If you would like more information about Inspiritus you should visit their website at <https://weinspirit.org> or call the main office at 800-875-5645.

Happy Father's Day, June 16th!

OUR DAD *Anonymous*

Although the author is unknown, this is a highly regarded Christian poem for Father's Day.

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew his masterpiece was complete,
And so, he called it “Dad.”

We pray for God's blessings on all of our Father's. Amen!

PLEASE NOTE

Pastor Barb and Duck will be out of the office, June 13th-June 21st, on vacation. If you need assistance or have concerns, please call the church office at 478-472-6173 (Tuesday through Thursday, 9:00 a.m.-2:00 p.m.) or call Jon Coogle at 478-952-0295.

Mt. Zion – St. Luke Lutheran Church

P.O. Box 187

401 Randolph Street

Oglethorpe, Georgia 31068

Prayer List

Please Pray for Members: Jim Arnold, Al Coogle, Brenden Fitzgerald, Jr, Mary Hammock, Mack and Nancy McCarty, Zack Martin, Tricia Trask, Tony Webb, for our college students, for all the ministries of our church and for our Military.

For Friends and Family: Matthew Anderson, John Arnold, Cuyler Barr, Gene Bradley, Charles Cannon, Trey Chapple, Chic Cole, Brian *Dietz*, Karen Drysdale, Chris Fox, Trey Futrell, Allison Greene, Langdon Harp, Freddie & Linda Hartley, Joseph Hill, Bobby Hudson, Connie Johnson, Curtis Johnson, Jenny Joiner, Nancy Joyce, Mary Lamberth, Harris Lott, , Bob Melvin, Crystal Miller, Charlene Oliver, Charles Perry, Leigh Powell, Tiffany Richards, Ron Ricklef, Kim Sangster, Connie Smith Douglas Smith, Jacob Vickers; and Pat Williams.

Serving Our Nation: *John Edwards*



June 2019

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
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2 Pastor Barb at Synod Assembly, Chattanooga SS/Worship 11 a.m. Tommy & Gail Coogle	3 Grace Circle 10:00 a.m. Ginny Martin	4 Centering Prayer 8:30 a.	5 Soup Kitchen Noon Bible Study 7:00 p	6 LLL Bingo 10:00 a.m. Duck & Pastor Barb Koch	7	8
9 Council Mtg. 8:45 SS/Worship 11:00 am Diane Cagle	10	11 Centering Prayer 8:30 am Quilting 10:00 Billy & Ginny Martin	12 The Oaks Nursing Home 10:00 a.m. Bible Study 7:00 p	13	14	15
16 SS/Worship 11 a.m. No Family Day Meal Mutual Ministry <i>Newsletter Deadline</i>	17	18 No Centering Prayer	19 No Bible Study Mary Virden	20 Billy Martin	21	22 Mary Jane Ethridge Julia Snipes
<p><i>Pastor Barb and Duck on Vacation</i> →</p>						
23 SS/Worship 11 a.m. Evangelism Mtg. Noon	24	25 Centering Prayer 8:30 a.	26 Bible Study 7:00 p	27	28	29
30 SS/Worship 11 a.m.						